

RESTORATIVE ART-MAKING

Restorative Art-Making

- Organizes and supports the ego and its functions
- Builds creativity
- Facilitates the hope for transcendence
- Art-making in relationship is highly powerful
- Generates a sense of belonging





Skills Addressed

- Identify risk factors and protective factors.
- Identify the roles of the teaching artist as applied in the group teaching context.
- Demonstrate the ability to speak a blessing/affirmation/ascertainment of participant's character/ability/spirit.
- Articulate teaching goal areas
- Describe components & goals of trauma-informed environments, teaching approaches, and interventions.
- Articulate the elements of the BuildaBridge Safe Spaces model.
- Demonstrate trauma-informed classroom management skills
- Identify potential triggers for trauma-survivors
- Plan and deliver an arts-based intervention or experience
- Basic-skills for TESOL, teaching English as second language
- Plan and lead arts-integrated experiences that promote holistic development and the use of multiple intelligences.
- Describe sources of resilience for children and adults



Timing Recommendations

- Training is around 20 hours
- Can be offered in person or online
- Recommended timing is 3-4 days

